

# Understanding successes in and challenges to Advising in the Major



February 20, 2019



Welcome to

Dr. David Rabiner  
&  
Ms. Kelly Cottrell

Academic Advising Center  
[advising.duke.edu](http://advising.duke.edu)



## ACADEMIC ADVISING CENTER

[About the AAC](#)[For Students](#)[For Advisors](#)[Frequently Asked Questions](#)[Find an Advisor](#)



### Academic Advising at Duke

The Academic Advising Center (AAC) coordinates college advising for students in Trinity College until they declare their majors. We also work with Trinity and Pratt students across all four years to help them take full advantage of the broad range of opportunities available to Duke undergraduates.

#### Our Walk-In Advising Hours:

Tuesdays	10 a.m. - 12 p.m.
Wednesdays	12 p.m. - 2 p.m.
Thursdays	2 p.m. - 4 p.m.

[More about our services](#)

## Assisting You Throughout Your Duke Career

### Advisors Provide Guidance

From your admittance to Duke to your graduation, our network of advisors guide you in



### DAEs Help You Explore

Academics go beyond the traditional classroom. Let our Directors of Academic Engagement help you uncover exciting opportunities in the areas of: Arts & Humanities, Global & Civic, Natural & Quantitative Sciences, and Social Sciences.

# advising.duke.edu / advisors

**ACADEMIC ADVISING CENTER**

SEARCH

About the AACFor StudentsFor AdvisorsFrequently Asked QuestionsFind an Advisor

## For Advisors

### Resources for Advisors

This Advisor Resources site contains information *accessible only* to current College Advisors and members of the Academic Advising staff. Those individuals may click the link below to go to the site, which will require the appropriate log-in credentials. If you are not a current College Advisor or member of the AAC staff, please return to other sections of the [Academic Advising Center website](#).

**Enter Advisor Resources (requires authentication)**

#### Quick Links

- [Course placement guides, including AP credit](#)
- [Graduation curriculum requirements for Trinity](#)
- [Trinity's majors, minors, certificates](#)
- [Directors of Undergraduate Studies](#)
- [All links to Trinity's academic policies and procedures](#)

[Academic Calendar](#)





## Quality Enhancement Plan (QEP)

*Building gateways:*

*Disciplinary discovery and cross-disciplinary insights*

Spark the excitement of discovery

Encourage disciplinary thinking

Recognize disciplinary connections

The image features three large, solid-colored circles arranged horizontally. The leftmost circle is dark blue, the middle one is maroon, and the rightmost one is purple. Each circle contains white text. The text in the blue circle is 'What do good advising & mentorship look like?'. The text in the maroon circle is 'What's working? What's challenging?'. The text in the purple circle is 'What information do you need?'.

What do  
good  
advising &  
mentorship  
look like?

What's  
working?  
What's  
challenging?

What  
information  
do you  
need?



What do  
good  
advising &  
mentorship  
look like?

What's  
working?  
What's  
challenging?

What  
information  
do you  
need?

Satisfaction

Frequency of contact

Communication & connectedness



# Cognitive or Intellectual Outcomes

Theory of situated learning (Lavé)

Cycle of experiential learning (Kolb)

Theory of cognitive apprenticeship (Collins *et al*)

Theory of intellectual development (Perry)

Openness to experience (McCrae and Costa)

Theory of successful intelligence (Sternberg)

Theory of self-development, self-authorship (Baxter Magolda)

Psychology of judgment and decision-making (Plous)

# Cognitive or Intellectual Outcomes

Theory of situated learning (Lavé)

## Cycle of experiential learning (Kolb)

Theory of cognitive apprenticeship (Collins *et al*)

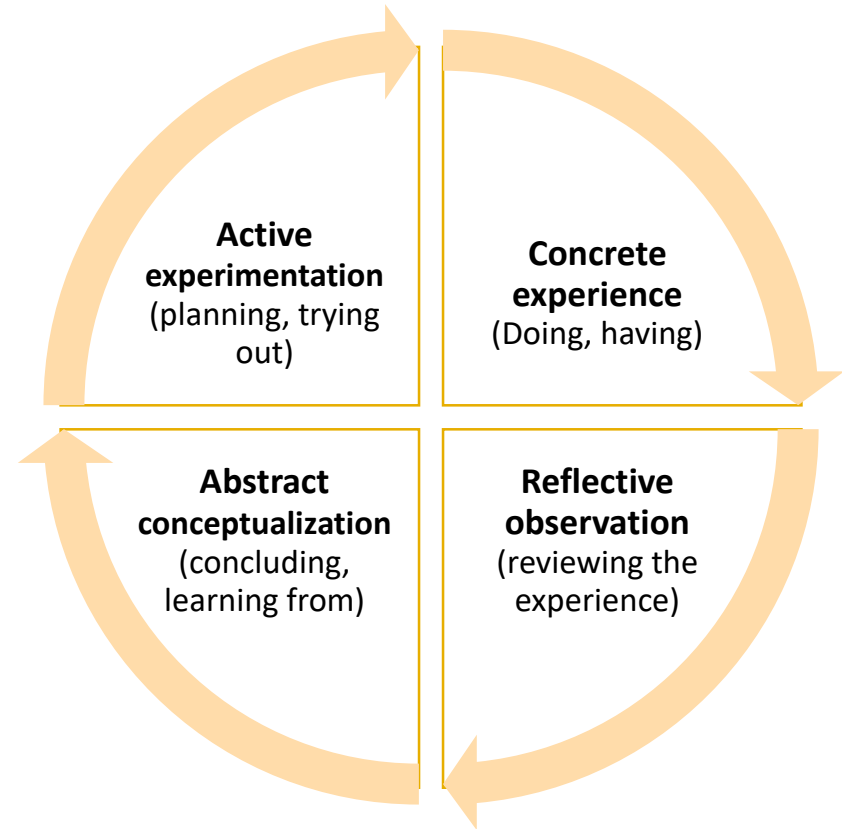
Theory of intellectual development (Perry)

Openness to experience (McCrae and Costa)

Theory of successful intelligence (Sternberg)

Theory of self-development, self-authorship (Baxter Magolda)

Psychology of judgment and decision-making (Plous)



Kolb, D (1984). *Experiential Learning as the Science of Learning and Development*. Englewood Cliffs, NJ: Prentice Hall.

# Cognitive or Intellectual Outcomes

Theory of situated learning (Lavé)

Cycle of experiential learning (Kolb)

Theory of cognitive apprenticeship (Collins *et al*)

Theory of intellectual development (Perry)

Openness to experience (McCrae and Costa)

**Theory of successful intelligence (Sternberg)**

Theory of self-development, self-authorship (Baxter Magolda)

Psychology of judgment and decision-making (Plous)



Sternberg, R.J. (1997): *Successful intelligence*.  
New York: Plume.

# Personal or Individual Outcomes

Developing integrity, Developing purpose vectors (Chickering)

Theory of psychosocial development (Erikson)

Patterns of adaptive learning (Midgley)

Theory of academic motivation (Vallerand)

Self-determination theory (Deci and Ryan)

Self-concept theory (Bandura; Epstein)

Attribution theory (Bandura)

Modeling & observational learning (Bandura)

Transition theory (Schlossberg)

Theory of challenge and support (Sanford)

# Personal or Individual Outcomes

Developing integrity, Developing purpose vectors (Chickering)

## Theory of psychosocial development (Erikson)

Patterns of adaptive learning (Midgley)

Theory of academic motivation (Vallerand)

Self-determination theory (Deci and Ryan)

Self-concept theory (Bandura; Epstein)

Attribution theory (Bandura)

Modeling & observational learning (Bandura)

Transition theory (Schlossberg)

Theory of challenge and support (Sanford)

Infancy	Hope	Trust vs. Mistrust	Mother	Can I trust the world?
Toddlerhood	Will	Autonomy vs. Shame/Doubt	Parents	Is it okay to be me?
Early childhood	Purpose	Initiative vs. Guilt	Family	Is it okay for me to do, move, and act?
Middle Childhood	Competence	Industry vs. Inferiority	Neighbors, School	Can I make it in the world of people and things?
Adolescence	Fidelity	Identity vs. Role Confusion	Peers, Role Model	Who am I? Who can I be?
Early adulthood	Love	Intimacy vs. Isolation	Friends, Partners	Can I love?
Middle Adulthood	Care	Generativity vs. Stagnation	Household, Workmates	Can I make my life count?
Late Adulthood	Wisdom	Ego Integrity vs. Despair	Mankind, My kind	Is it okay to have been me?

Erikson, E. H. (1956). The problem of ego identity. *Journal of the American Psychoanalytic Association*, 4(1), 56-121.

# Personal or Individual Outcomes

Developing integrity, Developing purpose vectors (Chickering)

Theory of psychosocial development (Erikson)

Patterns of adaptive learning (Midgley)

Theory of academic motivation (Vallerand)

## **Self-determination theory (Deci and Ryan)**

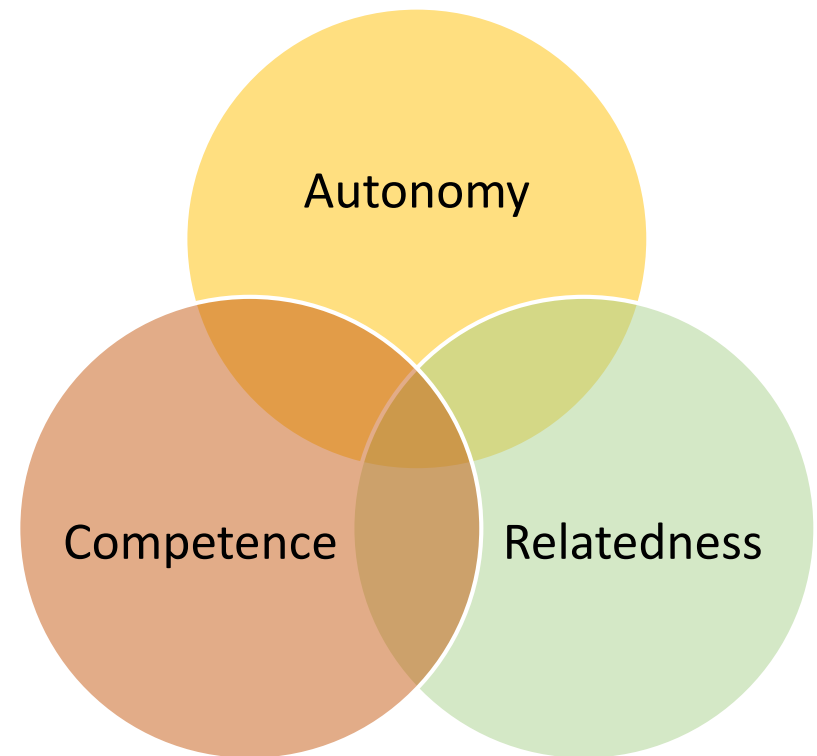
Self-concept theory (Bandura; Epstein)

Attribution theory (Bandura)

Modeling & observational learning (Bandura)

Transition theory (Schlossberg)

Theory of challenge and support (Sanford)



Deci, E. L., & Ryan, R. M. (2000). The "what" and "why" of goal pursuits: Human needs and the self-determination of behavior. *Psychological inquiry*, 11(4), 227-268.

# Social or Interpersonal Outcomes

Psychological sense of community (McMillian and Chavis)

Theory of multiple intelligences (Gardner)

Theory of psychosocial maturity (Greenberger)

Involvement theory (Astin)

Theory of interpersonal trust (Rotter)

# Social or Interpersonal Outcomes

Psychological sense of community (McMillian and Chavis)

## Theory of multiple intelligences (Gardner)

Theory of psychosocial maturity (Greenberger)

Involvement theory (Astin)

Theory of interpersonal trust (Rotter)

**Linguistic  
intelligence**  
(word smart)

**Logical-math.  
intelligence**  
(number/reasoning  
smart)

**Spatial intelligence**  
(picture smart)

**Bodily-Kinesthetic  
intelligence**  
(body smart)

**Musical intelligence**  
(music smart)

**Interpersonal  
intelligence**  
(people smart)

**Intrapersonal  
intelligence**  
(self smart)

**Naturalist  
intelligence**  
(nature smart)

Gardner, H. (2011). *Frames of mind: The theory of multiple intelligences*. Hachette UK.



# Social or Interpersonal Outcomes

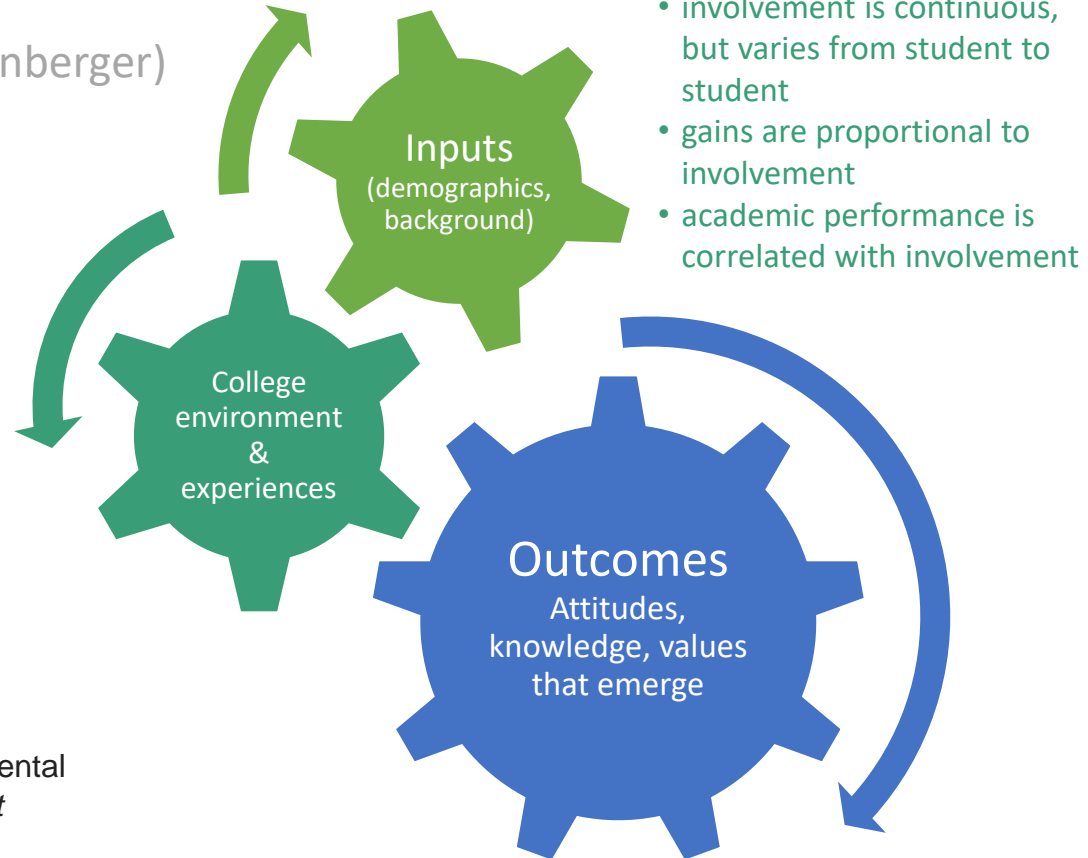
Psychological sense of community (McMillian and Chavis)

Theory of multiple intelligences (Gardner)

Theory of psychosocial maturity (Greenberger)

## Involvement theory (Astin)

Theory of interpersonal trust (Rotter)



Astin, A. W. (1984). Student involvement: A developmental theory for higher education. *Journal of college student personnel*, 25(4), 297-308.



What do  
good  
advising &  
mentorship  
look like?

What's  
working?  
What's  
challenging?

What  
information  
do you  
need?

Programmatic	Student	College/University
Limitations of faculty/staff time?	Student engagement varies?	Lack of administrative support?
Faculty members' confidence in expertise?	Complexity of students' needs?	Complexity of the curriculum?
Lack of faculty consensus on advising objectives?		
Inconsistency across advisors/mentors?		



Survey process & timeline

The questionnaire

Return rate

Reporting

# What matters most to students?

**Predicted '*meaningful relationship*' and '*excellent guidance*' using:**

- Meeting frequency and email contact
- Advisor knowledge – academic requirements, policies, advisement report, etc.
- Advisor as 'thought partner' – Helped me think about courses, possible majors, and my educational and personal goals
- Advisor as 'connector' – Raised awareness of other resources and how I could connect with them



# Predictors of a meaningful advising relationship

- **Class of 2019** - Meeting frequency, email contact, advisor as 'thought partner' ratings
- **Class of 2020** - Meeting frequency, email contact, advisor as 'thought partner' ratings
- **Class of 2021** - Meeting frequency, email contact, advisor as 'thought partner' ratings

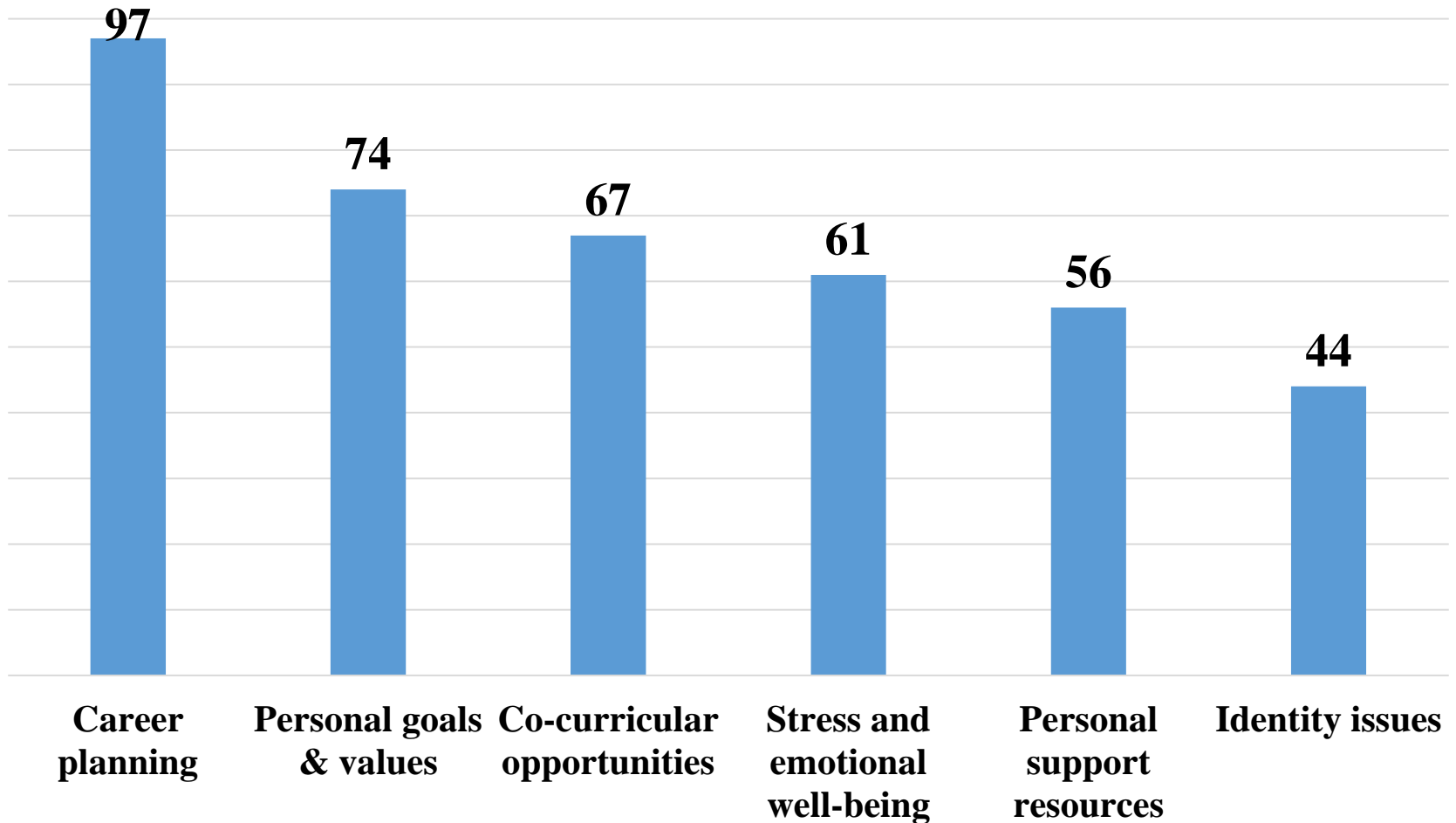
**Nothing else mattered.**

# How much do additional meetings really matter?

**A LOT!**

- No extra meetings      4% say relationship was meaningful
- 1 extra per year      37% say relationship was meaningful
- 1 extra per semester      72% say relationship was meaningful

# Percent who feel discussing with advisor is *'Important'* or *'Very important'*







What do  
good  
advising &  
mentorship  
look like?

What's  
working?  
What's  
challenging?

What  
information  
do YOU  
need?

# COFHE Senior Survey

(Consortium on the Financing of Higher Education)

Administered by the Office of Institutional Research

<https://finance.provost.duke.edu/related-policies-and-key-documents#institutional-research>

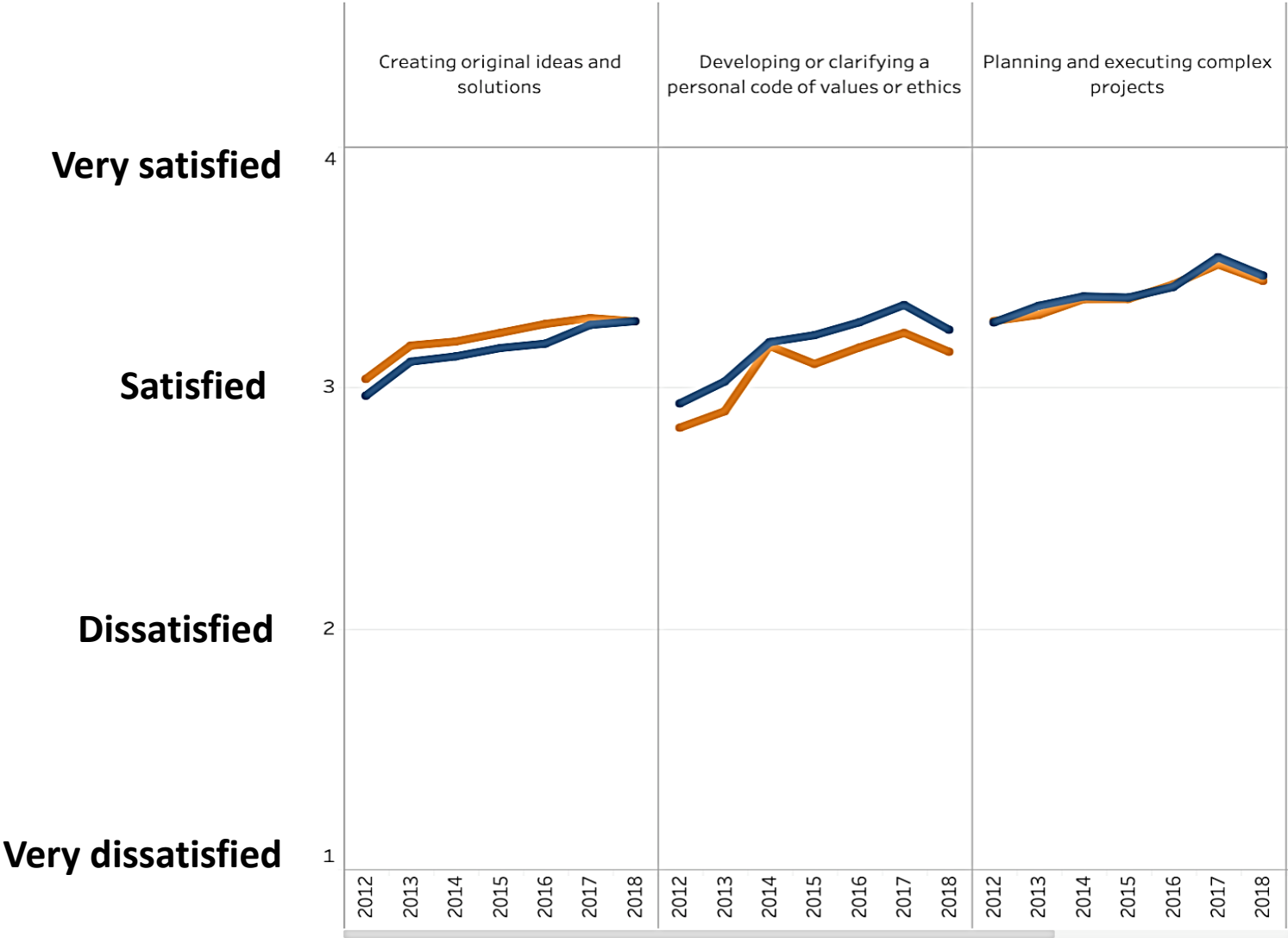
Want access to the Tableau reports? Email [jiali.luo@duke.edu](mailto:jiali.luo@duke.edu)

# COFHE Senior Survey (Office of Institutional Research)

Want access to Tableau reports? Email [jiali.luo@duke.edu](mailto:jiali.luo@duke.edu)

To what extent has your experience at Duke University contributed to your knowledge, skills, and personal development in the following areas?

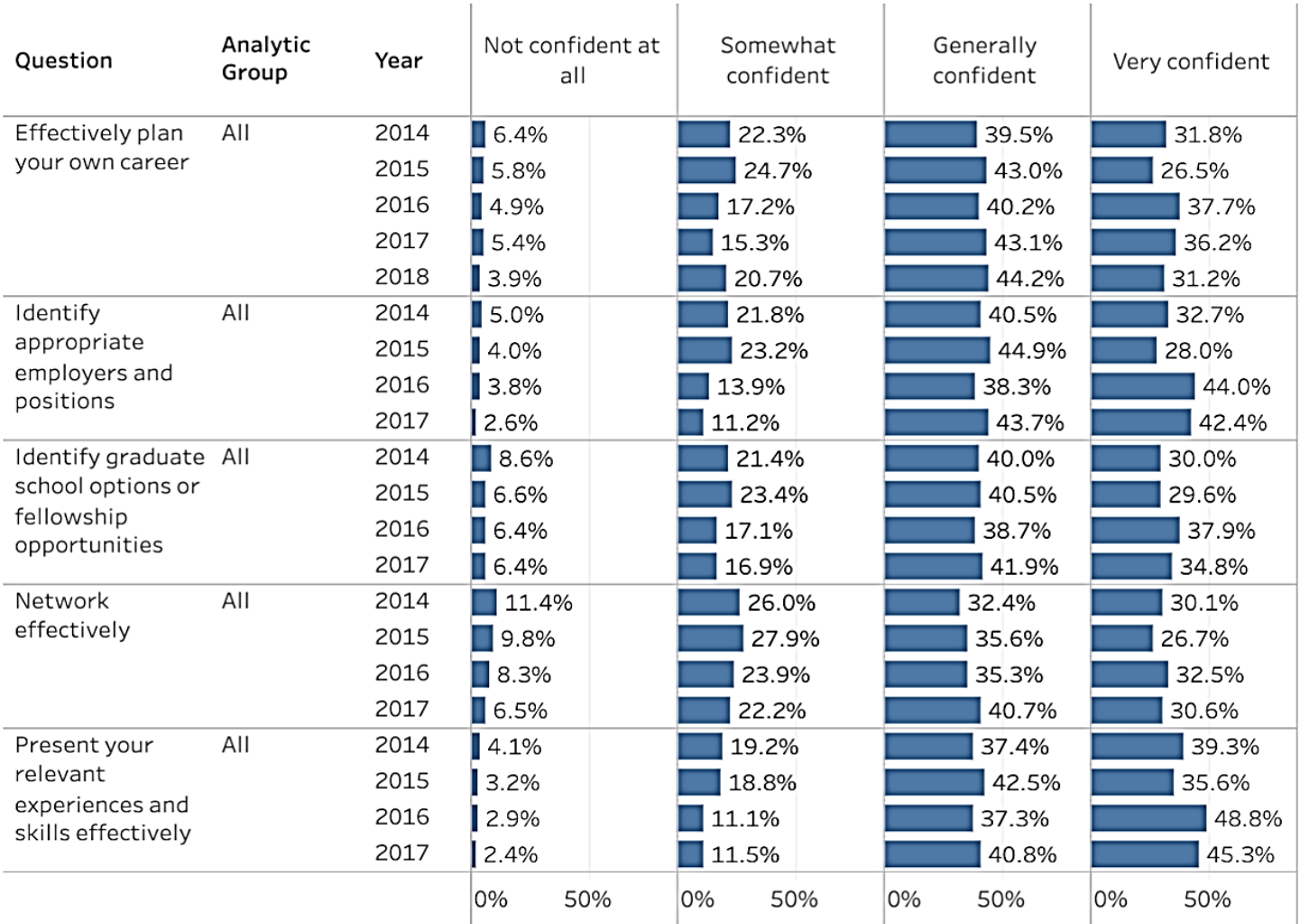
Analytic Group  
Female  
Male



# COFHE Senior Survey (Office of Institutional Research)

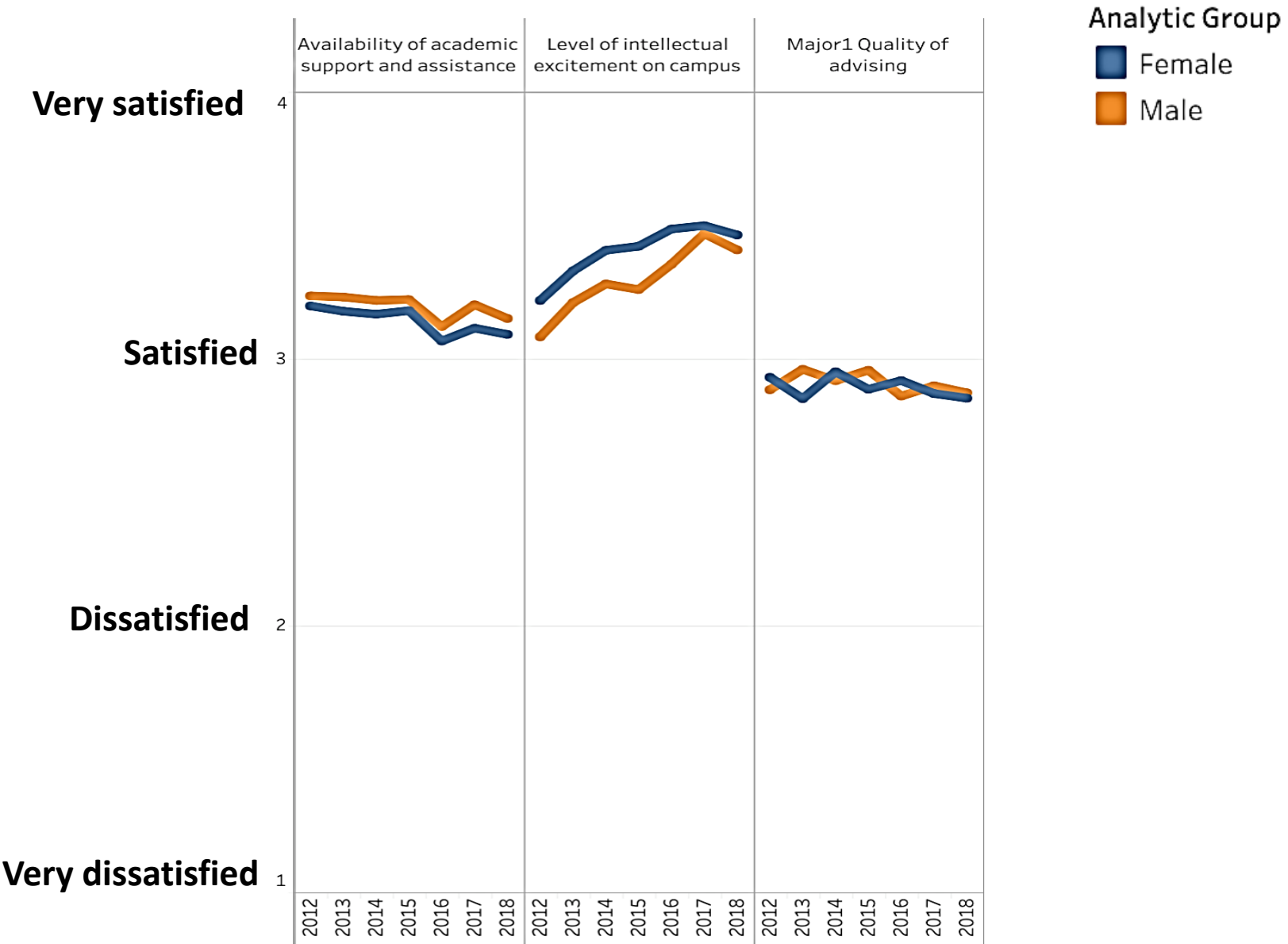
Want access to Tableau reports? Email [jiali.luo@duke.edu](mailto:jiali.luo@duke.edu)

As you make plans for next year, how confident are you in your ability to do the following?



# COFHE Senior Survey (Office of Institutional Research)

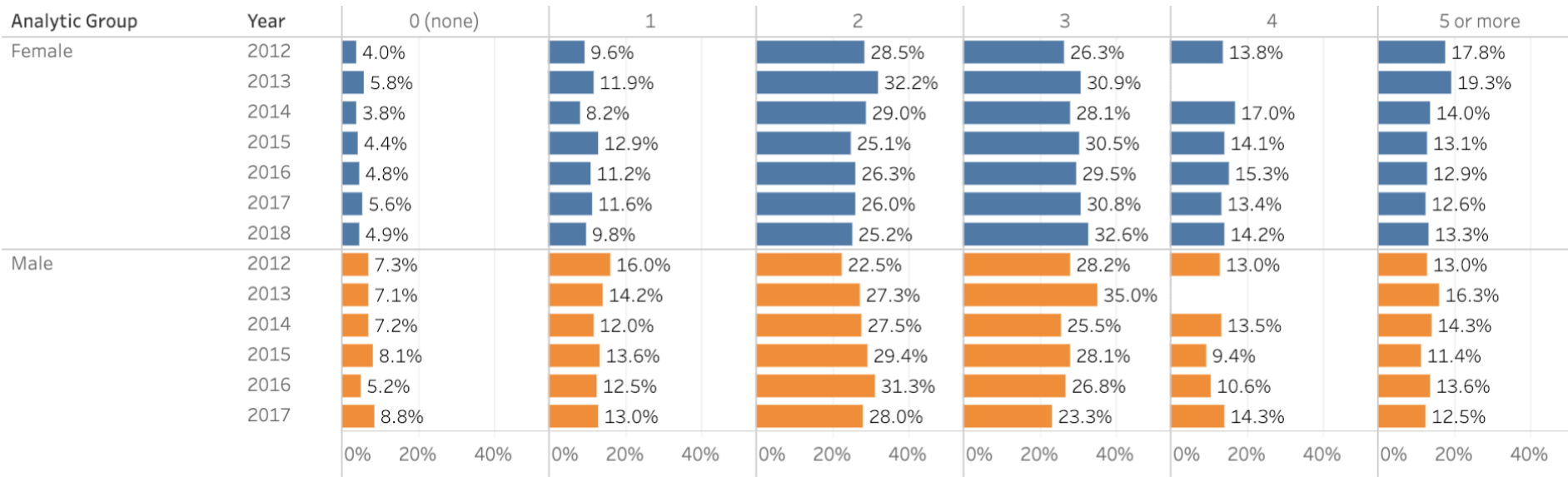
Want access to Tableau reports? Email [jiali.luo@duke.edu](mailto:jiali.luo@duke.edu)



# COFHE Senior Survey (Office of Institutional Research)

Want access to Tableau reports? Email [jiali.luo@duke.edu](mailto:jiali.luo@duke.edu)

How many faculty members know you well enough to provide a professional recommendation concerning your qualifications for a job or advanced degree work? (By Group)



Analytic Group

- Female
- Male

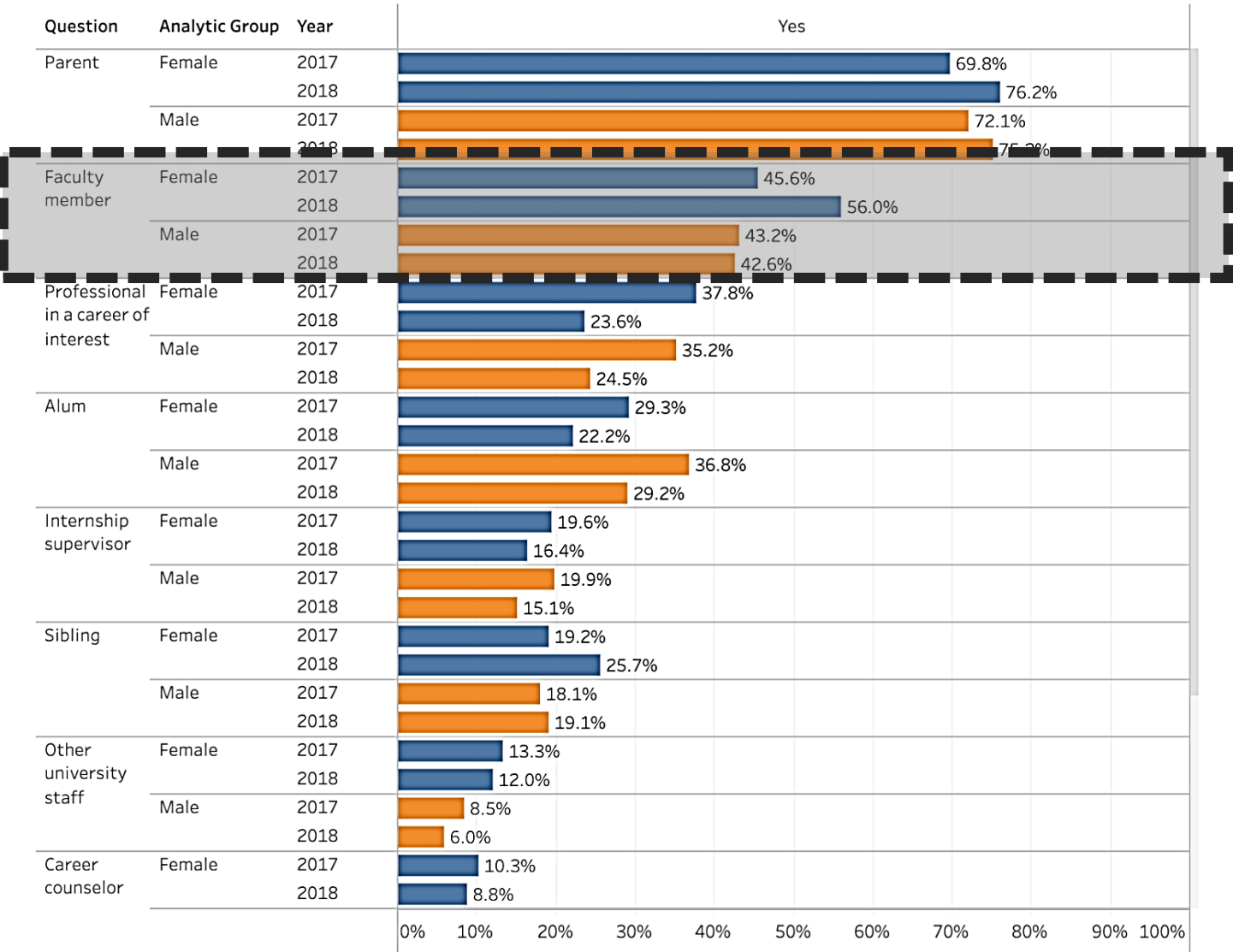
# COFHE Senior Survey (Office of Institutional Research)

Want access to Tableau reports? Email [jiali.luo@duke.edu](mailto:jiali.luo@duke.edu)

Who are the key professional development advisors in your life? Please select all that apply.

Analytic Group

- Female
- Male



What other  
information  
do you need?

Suitability of student/advisor  
match

Perceptions of capstone support

Satisfaction with their academic  
and professional networks

What are  
some possible  
methods?

Surveys

Group discussion (focus groups)

Student exit interviews

Advisor interviews



# Qualtrics-based advising survey bank

<https://assessment.trinity.duke.edu/qualtrics-survey-bank>

The Office of Assessment, Trinity College (OATC) has created a library of questions in Qualtrics for you to copy or adapt for your own surveys. To access this library, log-in to Duke's Qualtrics license: <https://duke.qualtrics.com>. If you have not previously done so you will need to request access to the survey bank through the following **web-form**.

To browse the survey items, once you've logged in to Qualtrics, you can find Library as an option on the top right of your screen. Then, click on the down carrot next to the Library name to navigate between different libraries. Our library of questions is called "OATC Survey Bank". If you are having trouble viewing the OATC survey bank in Qualtrics please contact our office at [Assessment@duke.edu](mailto:Assessment@duke.edu). To view our quick start guide (including screenshots) for the Qualtrics Survey Bank please click [here](#).

## [Survey bank question sets](#)

[Course Feedback](#)

[Advising in the Major](#)